

Systemic Scheme Enlargement

Do we want to solve problems
or do we want to find systemic **optimums**
and discover high **ideals**?

The problem / remedy paradigm
directs our attention
by means of the question:
What's wrong?

Our culture, our society,
is saturated with this orientation.

In the face of an overwhelming info-glut

- 1) we **specialize**,
- 2) we **simplify** (by arbitrary elimination),
- 3) we **break problems down**
(into manageable parts).

What if the **real** solution
is to enlarge our cognitive capacities?

In a way, **specialization** is
the **breaking down** of problems
into manageable parts.

Simplification and the adoration of the **simple**
is diminishing the number of parts.

In recent decades
we have asked:
is its **nature** or is it **nurture**,
which determines some traits of character
or some deviant behaviours?

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Systemic scheme enlargement

means there may be other factors

than those two factors: nature or nurture.

Beyond Nature or Nurture

Dr. Brian L. Weiss, M.D.,

graduated magna cum laude

from Columbia University, in 1966.

He received his medical degree

from Yale University, in 1970.

He served his internship

at New York University's

Bellevue Medical Centre.

He became the chief resident, Department of Psychiatry,

at Yale University School of Medicine.

He is now chairman of the Department of Psychiatry

at Mount Sinai Medical Center

and clinical associate professor, Department of Psychiatry,

at the University of Miami, School of Medicine.

So, when he reports what he does

in his first book, in 1988,

he has credibility.

His patient was Catherine, in 1980.

Catherine was 27 years old.

She suffered, lifelong,

with anxiety, with panic attacks and with phobias.

She became emotionally paralyzed.

After 18 months of conventional therapy,

which yielded nothing.

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Dr. Weiss tried hypnosis.

The first session of hypnosis

took Catherine back to an incident

when she was five years old.

She was at a swimming pool.

She experienced trauma

from falling in the water

and not being able to swim.

Dr. Weiss thought:

"that's it"

we found the source

of Catherine's problems.

Not so.

She emerged with all of her problems intact.

At the second session,

Dr. Weiss regressed her

to when she was three years old.

She had been molested,

by an uncle.

Once again,

Dr. Weiss thought,

"we've found it".

Not so.

Catherine's problems remained.

So, in the third hypnosis session,

Dr. Weiss instructed her:

"go to the source of the problem".

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Yet, even orthodox Judaism
advocated reincarnation
as late as the nineteenth century.

Christianity taught reincarnation
up to the fourth century.

Dr. Brian Weiss, M.D., a psychiatrist,
discovered other lifetime sources
for such as panic attacks and phobias
in the twentieth century.

Dr Weiss, M.D. Reports this in his first book:
Many Lives, Many Masters.

Quite relevant is Dr. Weiss's book:
Same Soul, Many Bodies.

Please investigate Dr. Weiss's "youtube" video
on *Regression and Progression Therapy.*

Ref: <http://www.youtube.com/watch?v=KdSVCrti26k>

We have no need to limit ourselves
to our youth or childhood
as a source for a carry forward
of consequences into our current lives.

Past lives are relevant.

Listen to Dr. Weiss guide you
in your own explorations.

Sweet and Dangerous,
the book by British Nutritionist,
Professor John Yudkin, Ph.D., M.D.,
describes the why and the how
of sugar as a toxic substance.

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Going back to that same film: The Sound of Music,
notice the lyrics repeated here, of one song advising:
"just a spoonful of sugar
helps the medicine go down",

... **only at our peril !**

How many **directives**,
sitting in our subconscious,
misdirect us,
and derail our cultural axioms?